

# Butterfly Art Project

## Annual Report 2012

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Butterfly Art Project at Capricorn Primary School

Vrygrond Avenue • Vrygrond 7945

**Cape Town • South Africa**

### **mprint**

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## About the Butterfly Art Project

The Butterfly Art Project (BAP) is located at the Capricorn Primary School in Vrygrond, Cape Town, South Africa. We help traumatised children from the surrounding township to strengthen their inner resources. The image of the metamorphosis of the butterfly helps the child to better understand the issues of change, death, growth, healing, transformation, and their own potential. Children speak and understand in pictures. For a traumatised child, it is impossible to learn, to grow and develop to their full potential. They need professional help and to learn how to "FLY". This is done in the Caterpillar Studio by using the countless healing possibilities that art can offer us. Through the artistic experience of watercolour, chalk, clay, paper and scissors, the children develop skills for their daily coping with trauma as well as for their future. Life in the Township rarely offers the children the possibility of access to artistic materials that are necessary for the development of a healthy, creative child.



## Art classes

Since 2011, the BAP has worked closely with the Capricorn Primary School in Vrygrond. In 2012 this led BAP to focus the entire line of art education and art therapy within the school, with the comprehensive support of the school and community. A team consisting of 4 full-time employees, 6 full-time volunteers and 10 part-time volunteers made it possible to teach grades 0-7 for 40-60 minutes a week and to offer art therapy for the most vulnerable children at the same time. Weekly, 700 children from the ages of 5 to 15 years, were taught art lessons in the "Artloft" in the multi-purpose hall at the school. Drawing, painting and clay modelling can help the children with often very challenging lives, to grow from within and develop mental and physical formative forces. One of our large annual, community based projects, called PASTE, carries this artistic impulse into the township.





## Art therapy

Art therapy aides the child through their individual process to gather resources from within and to develop other perspectives. In the last year, 79 children were able to receive art therapy and drama therapy support. Our kids have to live with challenges such as trauma, psychiatric disorders, physical disability, mental retardation and learning disabilities. Behavioural abnormalities show themselves in situations where there is a high propensity for violence, aggression, denial, withdrawal, seclusion, strong conformism or excessive desire for closeness. Every child needs a different therapeutic approach in order to strengthen their own creative powers. Therefore we have the various artistic media such as painting, drawing, modelling and theatre available. In a 40-60 minute individual and group therapy session, we were able to attest to countless healing processes in the past year. In the Caterpillar studio, we have managed through the art and the therapeutic relationship, to provide the children with an open loving space for enjoyment, trust, safety, rhythm, relaxation, vitality, curiosity and creativity.



## Aftercare

Since September 2012, and in addition to art therapy and art classes, we provide afternoon care for school children. The social environment of the children does not normally offer a reliable and rhythmic structure for them to be in. This implies the need for a healthy and structured school aftercare. Every Tuesday, Wednesday and Thursday, children and young people are encouraged to participate for an intense two hours in artistic design, dreaming and movement. Once a week, trainees of the Waldorf education system, come in to enrich our lives by offering fairy tales and other stories. According to their age, the participants are divided into three groups: the Sunbirds at the age of 6-8 years, the Dolphins at the age of 9-10 years and the Elephants of 11-15 years. The key is 5 children per adult supervisor and intensive speech is guaranteed to them. A welcome and farewell circle with songs, prayers and rhythmic games let the group of employees and children grow together. In a few months, we became a cheerful and reliable "Butterfly Family".



## Promoting school readiness

From January to December 2012, the pre-schoolers from the Overcome Educare crèche joined us with their teacher, once a week for a 2 hour session, plus volunteers in the Caterpillar studio. Most children from Overcome Heights live in shacks. The poverty is so great that the parents cannot afford the admittedly small amount for the crèche, especially when they do not have enough food on the table at home. Many of the children come sporadically for a few weeks and then stay away, sometimes for months. They are under great pressure to learn and gain the school readiness. The singing, dancing, clay, crafts, painting and storytelling in our program encouraged the children and gave us opportunities to produce specific individual education plans for the children. Through varied group activities the kids learned social norms and values which they will need during the school day. A few weeks ago we said goodbye to our little ones with an official graduation ceremony. For this occasion we rehearsed a few songs, and even put on a play. The children and their parents were very proud and were touched when they were allowed to wear the graduation gown. The BAP - team is already looking forward to the next group of pre-schoolers in 2013.



## BAP building

It is a great pleasure to announce we started laying the foundation for the new Butterfly Art Project - Art and Therapy Center, on the 13<sup>th</sup> November 2012. Through the generous donation from the Smiling Heart Association and a bridging loan from the Vrygrond Community Development Trust, the dream of owning a building, with sufficient space for all the children and individual areas to be able to offer parallel therapies, was finally accomplished. The construction is progressing steadily and we can already dream our new home, in the new school year. This is a very big step for Butterfly Art Project and the foundation for new major changes to come.



## Community Art Facilitator Training

In 2012, we offered for the first time a long-term training for adults: We trained 12 leaders from Lavender Hill, to use art as a Community-promoting material.

The leaders of the New World Foundation (an NGO active for over 20 years to enable a future in the township) have recognised that the art is an important medium for the healing of individuals and the community and they funded this course.

The participants gained insight into the history of art, engaged into widening their own artistic skills and they experienced many exercises for the creative interaction. By submitting an artistic portfolio, the participants demonstrated their skills and were able to graduate with a certificate.



## Further education and Team building

In 2012 BAP offered the following trainings for educators and therapists:

- Workshop for Teachers: Primary and secondary colours in watercolour
- Workshop for Adults: production of pigment colours, different binders and fillers
- Lectures for teachers and therapists: Early Infantile trauma
- Workshops for Aftercare Team: educational content for working with 6-15 years in the leisure time
- Presentation for teachers and therapists: Anthroposophical anthropology
- Lecture for BAP team: fundraising for charities in the South African context
- Instructions for 2-year course of the students of the course Creative Therapies
- Instructions two Weltwärts volunteers from September 2012 - August 2013
- Practical training of 6 teachers and about 25 volunteers during our programmes in 2012





## Projects

The PASTE PROJECT was a special event this year. Over several months, we were working with the children in grades 5 to 6 with different medias on the theme Fantasy Animals. At the end of November 2012 we pasted about 90 imaginary animals, with much fanfare onto the houses and walls of Vrygrond. They decorate the streets and walls until the next rain, and we invited the people of the Community to come and laugh at the imaginary animals.

"Laughter is the tonic, the relief, the surcease for pain" - Charlie Chaplin

The PLAYGROUND CONSTRUCTION was another BAP project in 2012. We built a playground for the children at Overcome Educare crèche. The sandy barren backyard was transformed within a few weeks, after a lot of sweat, strength, and wood into a small play area with slide, sandpit, climbing elements and colourful paintings. All over the ground grass was added, to create a child-friendly atmosphere, where the children can let their imaginations become adventures for them.

During the summer holidays we were able to offer the children a two week HOLIDAY PROGRAM about the theme "House – My Place". It was wonderful to see how long and hard the kids could focus on the creative process. There were many "neighbourly visits" and the brilliant conclusion was Christmas amidst "Our Village."

## Note of thanks

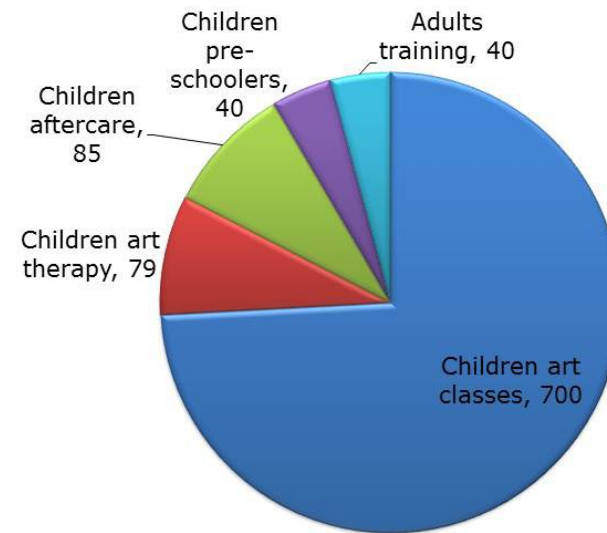
Last year, the Butterfly Art Project grew some more wings. This was only possible because many people believed in the idea of Art as therapy, healing and development, and as a chance for these traumatised societies.

To experience the warm support, the trust and the generosity of my friends and colleagues touches me deeply. It was a honour to hold the threads for BAP 2012 together with you.

It was a great experience and a blessing for many.

A Big fat 'Butterfly' thank you!

### **2012 WHO BENEFITED & HOW MANY :**



**Manager:** Angela Katschke

**Employees:**

Rehjanah Fenne, Art Teacher

Anrico Johnston, Assistant

Ghannaan Soeker, Assistant

Jerome van der Westhuizen, Assistant

**Donations higher than R10,000:**

Dr. Bärbel Brandes, Smiling Heart e.V., Chic Mamas Do Care,  
Michelle Jones-Phillipson, Chic Mamas Muizenberg, Build Up Kids Afrika e.V.,  
Volks- und Raiffeisenbank Bayern Mitte, Dr. Petra Stemplinger,  
Sigrid Dahlmanns, Anna Kröger

**Donors:**

Uli Albrecht, Dr.Michael und Hiltrut Block, Georg Cevalas, Anka Draugelates,  
Karin Dressler, Annegret Droste, Familie Eckel, Tabea Eisen,  
Sebastian Enzinger, Kathrin Fraas, Catherin Frey, Werner Friedl, SA German  
Overseas Travel Centre, Claudia Gienger, Ulrich Glemnitz, Dr. Simon  
Hamberger, Manfred and Sonja Heidlas-Henn, Edeltraud Henning, Family  
Hildebrand, Maria Hoch, Otto Hopf, Sam Jones-Phillipson, Eberhard  
Katschke, Manfred Katschke, Paula Katschke, Silvia Katschke, Sigrid  
Kehlbeck, Silvia Kempf, Prof.Dr.Alexander und Isabell Kempf, Fritz Koch ,  
Margit and Ernst Köstler, Eva Korell, Wilfried Kröger, Katja Kröger,  
Lorenz Klügel, Christine Mann , Sonja Melchior, Silke Mohrhoff,  
Bettina Ravanelli, Familie Rimroth, Anni and Heinz Röhr, Prof. Hildrun Rolff,  
Inge Schuhmacher, Brigitte Schüler, Rosemarie Stock, Orsi and Tobias Stutz,  
Cafebar Schwedenschimmel, Prof. Sigrid Völker, Prof. Dr. med.  
Matthias Wildermut, Dr. des. Dagmar Wohler, Tobias Wrona, and others

**Material donations:**

Cape Mohair, Dala, Marina David, Indra Magdalena Henn, Noa Hilman,  
Marlan Teak, Nature Conservation Tokai Forest, Stephanie Mayer-Staley, Kiln  
Contractors, Dominique Mayer, Syd Roodt , Youth Rotarian Group, Sarah de  
Villiers, Angus and Gillian Wilson, and others.

**Supporters:**

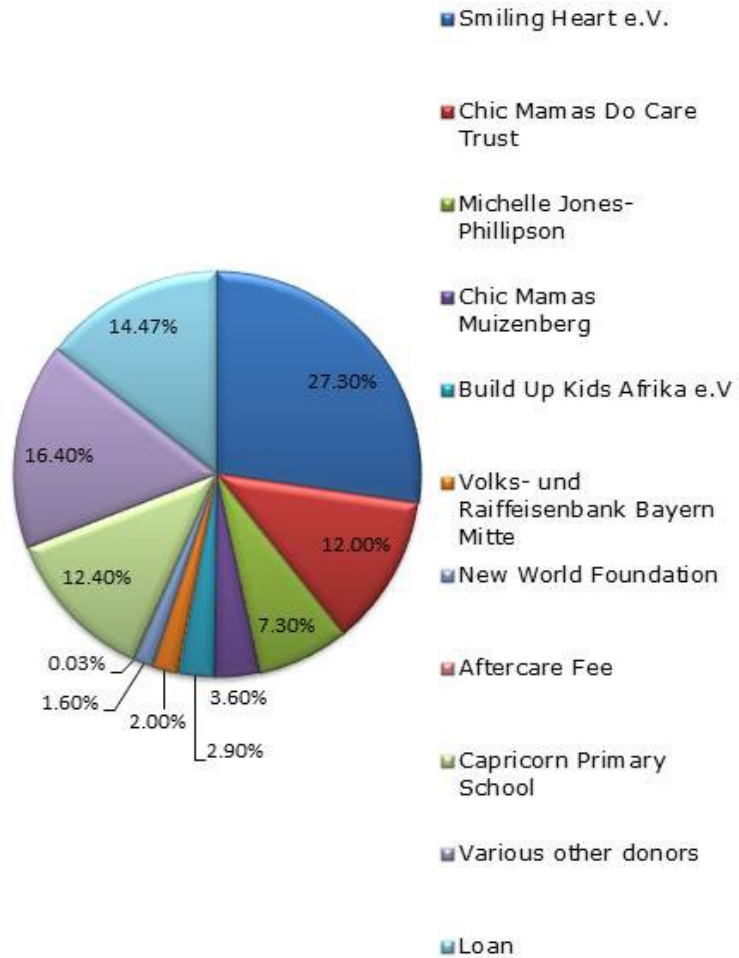
A Gorman Photography, Marco Andolfi, Neil Baynes, Brooke Auchincloss,  
Angela Barry, Capricorn Primary School, Douglas Gorrie and team, Shani  
Judes, Silke Kirch, Kinderklinik Landshut, Shakira Maharaj, Ute de Pascale,  
Prof. Joachim und Sylke Schuler,  
Dr. Petra Stemplinger, Gavin Ter Morshuizen, Universität Pforzheim,  
University Stenden, Marlan Teak, New World Foundation,  
Vrygrond Development Trust, Gabrielle Westvig, and others.

**Volunteers:**

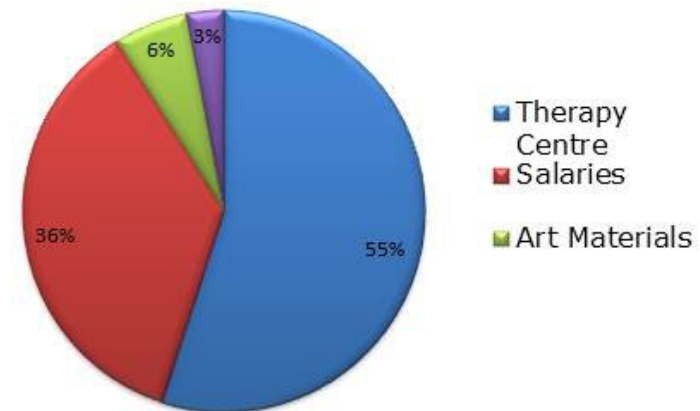
Sinah Asong, Christin Bahr, Juliane Bell, Maike Berentzen, Lydie Bérubé,  
Anna Dech, Nerina de Villiers, Stefan Ellinger, Philip Enderes, Noa Hilman,  
Indra Magdalena Henn, Johanna Jannsen, Gloria Kabongo,  
Katharina Kulakow, Nancy Krisch, Wilma Loder, Aminta Mangcola,  
Dominique Mayer, Hannes Meiser, Ralph Münstermann, Madeleine Nüsslein,  
Ralph Orendi, Christian Pfister, Jesse Pörzgen, Simone Redman,  
Anne Richardson, Lyndi Sales, Alexi Silverman, Nina Taplick, Linda Werneke,  
Viola Werner, Allan Wise, Maxi Zimmermann, and others

# 2012

## INFLOW OF FUNDS



## OUTFLOW OF FUNDS





### What happened at BAP 2012 ?

In 2012 the Butterfly Art Project (BAP) consisted of 12 full time and 9 part-time staff and volunteers. Supporters from all over the world turned 2012 into a huge success for BAP.

We were.....

teaching 700 children art at the Capricorn Primary School

providing Art therapy for 79 disadvantaged children (5-15 years)

training 12 Community Leaders in Lavender Hill to become  
Community Art Facilitators

boosting 40 pre-schoolers for their school readiness by art,  
movement, storytelling and free play once a week

attracting 85 children with our new Aftercare

offering Teachers skills development and hands on training for 28  
Educators

offering long term internships for students and young professionals

designing and building a Playground at Overcome Educare

planning and building a Therapy and Aftercare Center

| Budget for 2013   | Monthly         | Budget 2013       |
|---|-----------------|-------------------|
| Materials   | R3,000/ €300    | R36,000/ € 3,600  |
| Salaries (manager, art therapist, teacher, admin, assistants) | R32,500/ €3,250 | R390,000/ €39,000 |
| 1/5 of the BAP-Center   |                 | R100,000/ €10,000 |
| Equipment new Building and running costs                      |                 | R50,000/ € 5,000  |
| Total   |                 | R576,000/ €57,600 |
| 16/2/2013   |                 |                   |

### Donations Germany:

Butterfly Art Project

Volks-und Raiffeisenbanken Bayern Mitte

BIC: GENODEF1INP

Branch code: 72160818

Bank account: 459119

### Donations South Africa:

Butterfly Art Project

Nedbank

Branch: Gabriel Road, Plumstead

Branch code: 101009

Savings Acc: 1010141791

### **Wish list 2013**

15 blankets  
15 cushions  
15 mattress covers  
15 mattresses for nap time of aftercare children  
4 security gates  
50 chairs stackable  
acrylic paint  
anything else ones needs for an special event like a launch  
big plant pots  
big wardrobe with mirror sliding doors for dressing up "department"  
black board paint  
braai for roof wetting (30 people)  
brushes  
cellular tape, 7cm width  
children books  
children leggings and pants  
christmas and birthday presents  
clay  
cleaning aids of all kind  
cold glue  
coloured pencils  
compost container  
containers, basins, buckets  
crockery  
cupboards  
curtain rods  
curtains  
cutlery  
dress up costumes  
foam material  
fridge  
garden tools  
glazes  
glitter glue  
glue sticks

groceries (biscuits, fruits, tea, coffee, milk, sugar, etc)  
hand towels  
heaters  
herb plants  
hose pipe  
humus, compost  
indigenous plants for sandy soil  
kitchenware  
lamination sleeves  
masking tape  
materials, cut offs  
mats and carpets  
monetary donations  
mosaic tiles  
musical instruments  
newsprint  
non alcoholic drinks, cake and sandwiches for launch of BAP building  
oil pastels  
old clay bricks  
or big mirror  
outdoor furniture  
padlocks  
paint-boxes  
painting boards  
painting shirts  
pans  
paper cupboard  
paper guillotine  
paper of all kind  
picture frames  
picture rails  
pigments  
pots  
printer  
printer ink

recycling station  
river sand for sandpit 5qm  
rocks for garden features  
sawing machine  
second hand clothing  
shade cloth 15sqm  
shelves  
side lamps  
sideboards  
silicone  
slide, swing  
soap  
soap containers  
sofa  
soft pastels  
spong  
stove  
string  
sun umbrella, sun roof  
tables  
tea towels  
tile grout  
toilet paper  
tools of all kind  
trees  
volunteering service  
wall paper glue  
washing machine  
waste containers  
water containers, 3x5l  
water filter  
watercolour paper  
white paper  
wooden boards of any width or length  
wooden worktable

**If you like to gift us with one of the above wishes please feel free to ask us for collection or come and visit us.**

**Thank you!!!!**

**Kind regards from the Butterfly Art Project – Team**

info@butterflyartproject.org

Angela Katschke:

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Butterfly Art Project at Capricorn Primary School

Vrygrond Avenue, Vrygrond 7945, Cape Town, South Africa

Directions from Cape Town:

Take the M5 toward Muizenberg.

Cross Military Road.

After the Lavender Hill neighbourhood you will cross Military Road, now be on the lookout for the next left turn, Vrygrond Avenue. Turn left onto Vrygrond Avenue. Drive into Vrygrond, cross two streets, there you will see the blue Hall of the Capricorn Primary School on your right hand side. Drive just past the school hall and come to the new back gate of the school.

Butterfly Art Project 