



Butterfly Art Project
ENCOURAGING CREATIVITY AND HEALING THROUGH ART

DOGS AND CATS COLLAGE PROJECT

GROUP OF 14 CHILDREN AGED 9 YEARS AND ABOVE
BY COURTNEY SNYMAN



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I. THEME AND NEEDS ADDRESSED

Pets are important friends and mood stabilizers for many humans. Dogs and Cats Collage encourages appreciation for the domestic animals, and fosters care for all animals we share the planet with. This appreciation leads to gratitude for the companionship and beauty pets add to the world.

Gratitude needs to be practised by imitating role models in early childhood. If such are missing it needs to be taught later to catch up with the lack of healthy childhood development. Saying thank you, addressing and sharing gratitude in conversations is a theme running through this art project.

The last session of the art project is meant to be an outing to the closest SPCA to get to know about their

work, the importance of their work and to look at the animals up for adoption. This experience aims to grow respect for pets and increase awareness of the responsibilities that come along with having a pet at home. Besides this, it strengthens individuals to speak up against animal cruelty which is sadly often witnessed in South African communities.

The art project gives opportunity to practice skills in large scale mixed media work using crayons, ink, oil pastels, watercolour, podge and scissors.

Observation skills are taught by working from picture references of animal faces.

Composition in art gets practised by placing collage pieces together, fitting eyes and mouth to a face, by deciding on colour ranges.



II. CURRICULUM OVERVIEW FOR 8 LESSONS

Title of Lesson	Main Activities	Objective	Time in minutes
1. Introduction to the theme	Ring Time - Welcome - Verse	Children ground themselves and settle into the group	5
	Fruit Circle - Gratitude Practice - Saying grace	Nourishment and practising gratitude	10
	Meditation and Conversation about Gratitude	Understanding the nature of gratitude and relating to one's own experience of feeling grateful.	15
	Drawing - The children choose to draw either a cat or a dog surrounded by their gratitude on A4 paper to warm up with the theme. - Then they will sketch eyes and nose of their pet on A3 paper	Building confidence through exercise that will help you to explore	20+15
	Review of the art work and conversation about gratitude	Practising reflection and appreciation	15
	Pack away – clean up	Practising to take responsibility and volunteer	3
	Farewell of the group	Practising gratitude and farewell	5
2. Eyes and nose of the pet	Ring Time - Welcome - Verse	Children ground themselves and settle into the group	5
	Fruit Circle - Gratitude Practice - Saying grace	Nourishment and practising gratitude	10
	Conversation about the pet's senses and how they are different to the human	Recognizing animals as the specialists of their kind	10
	Oil Pastels and black Ink Colouring the pets eyes with oil pastels Emphasis pupil and outline of eyes with black ink	- Learning how to use oil pastels, black ink and to blend colours. - Practising observation skills	40
	Review of the art work and conversation about gratitude	Practising reflection and appreciation	10
	Pack away – clean up	Practising to take responsibility and volunteer	3
	Farewell of the group	Practising gratitude and farewell	5

II. CURRICULUM OVERVIEW FOR 8 LESSONS

Title of Lesson	Main Activities	Objective	Time in minutes
3. Let it hang out	Ring Time - Welcome - Verse	Children ground themselves and settle into the group	5
	Fruit Circle - Gratitude Practice - Saying grace	Nourishment and practising gratitude	10
	Art activity "Let it hang out" Dynamic drawing and watercolour/ink	Understanding the opposite of gratitude and relating to one's own experience of feeling angry, deprived, neglected, unseen, etc .	40
	Review of the art work and conversation about gratitude	Practising reflection and appreciation	15
	Pack away – clean up	Practising to take responsibility and volunteer	3
	Farewell of the group	Practising gratitude and farewell	5
4. Tearing and fixing again	Ring Time - Welcome - Verse	Children ground themselves and settle into the group	5
	Fruit Circle - Gratitude Practice - Saying grace	Nourishment and practising gratitude	10
	Art activity: Tearing and fixing again Preparing the background	Learning to let go, find beauty in all and create new.	40
	Review of the art work and conversation about gratitude	Practising reflection and appreciation	15
	Pack away – clean up	Practising to take responsibility and volunteer	3
	Farewell of the group	Practising gratitude and farewell	5
5. It's a pet!	Ring Time - Welcome - Verse	Children ground themselves and settle into the group	5
	Fruit Circle - Gratitude Practice - Saying grace	Nourishment and practising gratitude	10
	Art activity: It is a pet! All artworks get assembled into one.	- Learning about composition of an animal face. - Experiencing the power of being a creator	40
	Review of the art work and conversation about gratitude	Practising reflection and appreciation	15
	Pack away – clean up	Practising to take responsibility and volunteer	3
	Farewell of the group	Practising gratitude and farewell	5

II. CURRICULUM OVERVIEW FOR 8 LESSONS

Title of Lesson	Main Activities	Objective	Time in minutes
6. No pet without fur and whiskers	Ring Time - Welcome - Verse	Children ground themselves and settle into the group	5
	Fruit Circle - Gratitude Practice - Saying grace	Nourishment and practising gratitude	10
	Art activity: No pet without fur and whiskers Details of the pet's face gets added	Practising patience in observing and adding detail.	40
	Review of the art work and conversation about gratitude	Practising reflection and appreciation	15
	Pack away – clean up	Practising to take responsibility and volunteer	3
	Farewell of the group	Practising gratitude and farewell	5
7. Presentation is important	Ring Time - Welcome - Verse	Children ground themselves and settle into the group	5
	Fruit Circle - Gratitude Practice - Saying grace	Nourishment and practising gratitude	10
	Art activity: Presentation is important	Learning about exhibition setups and the importance of presentation	30
	Review of the art work and conversation about gratitude	Practising reflection and appreciation	30
	Pack away – clean up	Practising to take responsibility and volunteer	3
	Conversation about the next sessions outing	Preparing the children and setting expectations for the outing	7
	Farewell of the group	Practising gratitude and farewell	5
8. Outing to the SPCA	Welcome	Children ground themselves and settle into the group	5
	Fruit circle	Nourishment and practising gratitude	5
	Transport to SPCA	Getting to venue	10-20
	Guided tour by SPCA staff	Gaining information about the role of SPCA and the different behaviour of humans toward animals: fair and unfair, grateful and hateful	40-50
	Saying Thank you and handing over gifts	Showing gratitude	5
	Good bye		1
	Transport return	Getting home Practising gratitude and farewell	10-20
	Farewell of the group		4

“DOGS AND CATS COLLAGE PROJECT”

Lesson 1: Introduction to the Theme

Schedule of activities	Objectives	Approximate timing
Ring Time - Welcome - Verse Fruit Circle - Gratitude Practice - Saying grace Meditation and Conversation about Gratitude Drawing - The children choose to draw either a cat or a dog surrounded by their gratitude on A4 paper to warm up with the theme. - Then they will sketch eyes and nose of their pet on A3 paper Review of the art work and conversation about gratitude Pack away – clean up Farewell of the group	Children ground themselves and settle into the group Nourishment and practising gratitude Understanding the nature of gratitude and relating to one’s own experience of feeling grateful. Building confidence through exercise that will help you to explore Practising reflection and appreciation Practising to take responsibility and volunteer Practising gratitude and farewell	5 10 15 20+15 15 3 5
Flexible time		2
Total time		90 min

Materials

1. Grapes or other fruit for each child
2. A4 and A3 paper 1 per learner
3. Coloured pencils
2. HB pencil 1 per learner
3. Erasers to share
4. Sharpeners to share
5. Black board or white to show instructions of how to draw the eyes
6. Cleaning aids: brooms, cloth, cream cleaner, bins, etc.
7. Hand lotion

Instructions

The tables are ready set with art materials, coloured pencils, pencils and paper at each work station for each child.
 The chairs are placed in a circle before children come in.

Ringtime

Welcome: After the facilitator has the children line up outside the classroom door, they can enter and are greeted one by one. The participants form a circle and the facilitator thanks the children for coming and shares what the art project is about by showing them examples.

A verse is then said by the facilitator:

Verse:

The sun in my heart,
 He warms me with his power,
 And wakens life and love,
 In bird and beast and flower.

Fruit Circle and Saying Grace

Children then sit in a circle and wash their hands in a bowl of water or at sink.
 The facilitator hands out the grapes and invites the children to look at them, smell

them, experience them with all senses and appreciate them with kind words or gestures. (Gratitude practice)

The facilitator then says grace for the children:

Blessing on the blossom,
 Blessings on the roots,
 Blessings on the leaf and stem,
 Blessings on the fruit.
 Children may eat.

Meditation and Conversation about Gratitude

Children place their hands on their own hearts and close their eyes. Facilitator guides them through a short meditation with a calm and slow voice (adapt words to your children’s context!): Feel your heartbeat with your hands, feel how your breath is lifting and lowering your chest, breath in breath out, breath in breath out, breath in breath out, find love in your heart.... and make it grow bigger with every breath you take. First it will fill all of you.... then the whole room....another breath and you can fill the whole building with love, then your school, your community, city and country, and further and further.... maybe you can even grow as big as the universe. Take some more deep breaths and now think of something what makes you happy and feel good. Look at it, say thank you in your imagination and then come back into the circle in this classroom with your friends.... open your eyes....
 The facilitator starts a conversation about gratitude by asking what they saw when they thought about something what makes them happy and feel good.
 Shift the conversation to animals in their surroundings by asking if anybody did meet a pet in the meditation. Who of you has a pet?

Who likes pets and why? Do you feel their love for you? Do you feel grateful towards them?

Drawing

The children choose to draw either a cat or a dog surrounded by their gratitude on A4 paper with coloured pencils to warm up with the theme. They are given about 20 min for that. The art works can be observed in more detail after the session to get a good idea of the individual children you are working with. After the free drawing the children receive the A3 page and sketch eyes and nose of the pet the chose, either a cat or a dog. Make sure they understand that they will stay with their choice till the end of the class. Show them some examples.

Review of the art work

All artwork gets stuck to the wall and children gather on chairs in front of it.
 Review the session by naming all happenings backwards through time.
 The children are asked to mention their highlights, looking at their art work, bearing in mind the theme of the art project.

Pack away – Clean up

All children and facilitators help to pack away, clean the tables and sweep the floor.

Farewell of the Group

Gather the children one last time and offer them a drop of hand lotion. Reflect before thanking them for contributing to a good session and speak the verse with gestures:

The sun in my heart,
 He warms me with his power,
 And wakens life and love,
 In bird and beast and flower.

“DOGS AND CATS COLLAGE PROJECT”

Lesson 2: Eyes and Nose of the Pet

Schedule of activities	Objectives	Approximate timing
Ring Time - Welcome - Verse	Children ground themselves and settle into the group	5
Fruit Circle - Gratitude Practice - Saying grace	Nourishment and practising gratitude	10
Conversation about the pet’s senses and how they are different to the human	Recognizing animals as the specialists of their kind	10
Oil Pastels and black Ink Colouring the pets eyes with oil pastels Emphasis pupil and outline of eyes with black ink	- Learning how to use oil pastels, black ink and to blend colours. - Practising observation skills	40
Review of the art work and conversation about gratitude	Practising reflection and appreciation	10
Pack away – clean up	Practising to take responsibility and volunteer	3
Farewell of the group	Practising gratitude and farewell	5
Flexible time		7
Total time		90 min

Materials

1. One apple per child
2. Oil pastels variety of colours
3. Art works from the previous week
4. Black drawing ink
5. Size 10 bristle brush per child
6. Picture references of cats and dogs faces, google images offers lots...or you colour copy out of books at the library.
7. Cleaning aids
8. Hand lotion

Instructions

The tables are ready set with art materials, paint brushes, black ink, oil pastels and A3 paper at each work station for each child. The chairs are placed in a circle before children come in.

Ringtime

Welcome: After the facilitator has the children line up outside the classroom door, they can enter and are greeted one by one. The participants form a circle and the facilitator thanks the children for coming and shares what the new steps in their art project are by showing them examples.

A verse is then said by the facilitator:

Verse:

The sun in my heart,
 He warms me with his power,
 And wakens life and love,
 In bird and beast and flower.

Fruit Circle and Saying Grace

Children then sit in a circle and wash their hands in a bowl of water or at sink. The facilitator hands out the grapes and invites the children to look at them, smell them, experience them with all senses and appreciate them with kind words or gestures.

(Gratitude practice)

The facilitator then says grace for the children:

Blessing on the blossom,
 Blessings on the roots,
 Blessings on the leaf and stem,
 Blessings on the fruit.

Children may eat.

Conversation about the pet’s senses and how they are different to the human.

Tell the children about the wonderful world of animals and how their senses and abilities so much more developed than the human being. These links give you background information to prepare you session with: <https://www.britannica.com/animal/dog/Senses>, https://en.wikipedia.org/wiki/Cat_senses
 Speak in child appropriate language.

The children go to their tables. Show the children some picture references of animal eyes. Remember: You can’t draw what you don’t know how it looks like! Teach them the vocabulary around eyes: Iris: the colored part; Cornea: a clear dome over the iris; Pupil: the black circular opening in the iris that lets light in; Sclera: the white of your eye; Conjunctiva: a thin layer of tissue that covers the entire front of your eye, except for the cornea.

They will use the oil pastels to give the eyes a nice colour, thickly applied so that no paper shines through.

Tell the children that they can also blend the colours in from blue to green or green to yellow. Show them on a white page in the front how oil pastels can smudge and blend by layering them, rubbing with your finger and

painting over with white oil pastel.

If they have dark, medium and light, they can start with the darkest colour on the edge all the way around the iris.

You can encourage the learners to take the medium colour blue and make little lines that will point towards the pupil. Draw them examples in the front of the classroom, so all can see.

Once this is done, the learners will use the ink for the outline of the eye and nose.

Tell the learners to make sure that the bristles of the brush are pointing straight up so that they can paint with the tip of the brush. They can now fill the pupil with black ink leaving a reflection circle inside the pupil unpainted. Then they can outline the iris.

Review of the art work

All artwork gets stuck to the wall and children gather on chairs in front of it. How did they children enjoy the blending? What were the challenges? How did they find using the black ink? What are they grateful for?

Pack away – Clean up

All children and facilitators help together to pack away, clean the tables and sweep the floor.

Farewell of the Group

Gather the children one last time and offer them a drop of hand lotion.. Reflect before thanking them for contributing to a good session and speak the verse with gestures:

The sun in my heart,
 He warms me with his power,
 And wakens life and love,
 In bird and beast and flower.

“DOGS AND CATS COLLAGE PROJECT”

Lesson 3: Let It Hang Out

Schedule of activities	Objectives	Approximate timing
Ring Time - Welcome - Verse Fruit Circle - Gratitude Practice - Saying grace Art activity “Let it hang out” Dynamic drawing and watercolor/ink Review of the art work and conversation about gratitude Pack away – clean up Farewell of the group	Children ground themselves and settle into the group Nourishment and practising gratitude Understanding the opposite of gratitude and relating to one’s own experience of feeling angry, deprived, neglected, unseen, etc . Practising reflection and appreciation Practising to take responsibility and volunteer Practising gratitude and farewell	5 10 40 15 3 5
Flexible time		12
Total time		90 min

Materials

1. One apple per child
2. A2 white paper per child
3. Masking tape
4. One 2cm bristle paint brushes per child
5. Water containers 1l per child
6. Variety of wax crayons
7. Variety of water colours or ink
8. Variety of acrylic paint
8. Cleaning aids: cloths, water and cream cleaner
9. Hand lotion

Instructions

The tables are ready set with art materials: 1 pencil and 1x A2 paper per child. Stick the paper down with masking tape on all 4 corners.

The chairs are placed in a circle before children come in.

Welcome: After the facilitator has the children line up outside the classroom door, they can enter and are greeted one by one. The participants form a circle and the facilitator thanks the children for coming and shares new steps for their art project are by showing them examples.

A verse is then said by the facilitator:

Verse:

The sun in my heart,
 He warms me with his power,
 And wakens life and love,
 In bird and beast and flower.

Fruit Circle and Saying Grace

Children then sit in a circle and wash their hands in a bowl of water or at sink.

The facilitator hands out the apples and invites the children to look at them, smell them, experience them with all senses and appreciate them with kind words or gestures. (Gratitude practice)

The facilitator then says grace for the children:

Blessing on the blossom,
 Blessings on the roots,
 Blessings on the leaf and stem,
 Blessings on the fruit.

Children may eat.

Art activity “Let it hang out”

Life is not always what we wish it to be. Sometimes it’s difficult to be grateful for what we have got when we are angry or sad. Understanding the opposite of gratitude and relating to one’s own experience of feelings of being angry, deprived, neglected, unseen, etc., is important for children. We are asking them to make a conscious choice of being grateful to develop a more resourceful way of being. The art activity is for them to experience a stress and anger release without harming anybody. Explain them the activity. And mention that you will use the artwork next session for the background by tearing it up in a collage style.

Then children go to their tables and will now use a variety of crayons to scribble on A2 white paper. This technique is called dynamic drawing.

Instruct the learners to use large arm motions that cross over the midline. Allow them to scribble for 5-10 minutes, watch the dynamic

in the class and stop them when the energy is shifting.

The children will now go over their scribbles with water colour paint or different coloured inks. The wax will resist the scribbles and colour in the spaces in between. For special effects you can allow them to splatter acrylic paint on top of the scribbles and colours. Allow the learners to use max 3 different colours in acrylic paint. The result is dynamic and colourful art work.

Review of the art work

The artwork is still wet and will therefore be laid on the floor, children gather standing in front of all the pieces. How did it feel to let all hang out? Did your mood shift while doing the scribbles? How are you feeling now? What was the highlight? What are they grateful for?

Pack away – Clean up

All children and facilitators help together to pack away, clean the tables and sweep the floor.

Farewell of the Group

Gather the children one last time and offer them a drop of hand lotion. Reflect before thanking them for contributing to a good session and speak the verse with gestures:

The sun in my heart,
 He warms me with his power,
 And wakens life and love,
 In bird and beast and flower.

“DOGS AND CATS COLLAGE PROJECT”

Lesson 4: Tearing and Fixing Again

Schedule of activities	Objectives	Approximate timing
Ring Time - Welcome - Verse	Children ground themselves and settle into the group	5
Fruit Circle - Gratitude Practice - Saying grace	Nourishment and practising gratitude	10
Art activity: Tearing and fixing again Preparing the background	Learning to let go, find beauty in all and create new.	40
Review of the art work and conversation about gratitude	Practising reflection and appreciation	15
Pack away – clean up	Practising to take responsibility and volunteer	3
Farewell of the group	Practising gratitude and farewell	5
Flexible time		12
Total time		90 min

Materials

1. One apple per child
2. All artworks from previous weeks
3. One 2cm bristle paint brushes per child
4. Water containers
5. 1L Podge/acrylic binder and containers to dish out per child
6. One A2 120g paper, cartridge or coloured mount per child
7. Cleaning aids
8. Hand lotion

Instructions

The tables are set with art materials for each child.
 The chairs are placed in a circle before children come in.

Ringtime

Welcome: After the facilitator has the children line up outside the classroom door, they can enter and are greeted one by one. The participants form a circle and the facilitator thanks the children for coming and shares what new steps in their art project are by showing them examples.

A verse is then said by the facilitator:

Verse:

The sun in my heart,
 He warms me with his power,
 And wakens life and love,
 In bird and beast and flower.

Fruit Circle and Saying Grace

Children then sit in a circle and wash their hands in a bowl of water or at sink. The facilitator hands out the apples and invites the children to look at them, smell

them, experience them with all senses and appreciate them with kind words or gestures. (Gratitude practice)

The facilitator then says grace for the children:

Blessing on the blossom,
 Blessings on the roots,
 Blessings on the leaf and stem,
 Blessings on the fruit.

Children may eat.

Art activity: Tearing and fixing again

The children go to their tables. They use their dynamic drawings from the last session. They now tear the paper into triangle shapes. Show them that it looks more interesting having a range of colours in the triangles. Each triangle becomes a masterpiece of its own. Make them pause, look at their triangles and try to differentiate them from each other. They are all special and unique. Ask them to feel the joy and gratitude...

The children then paste all the triangle shapes on their A2 paper. The triangle tips are in the center with the triangles radiating out to the edge of the paper.

Review of the art work

All artwork gets stuck to the wall and children gather on chairs in front of it. How did the children enjoy the tearing and creating something new again? What were the challenges? What are they grateful for?

Pack away – Clean up

All children and facilitators help together to pack away, clean the tables and sweep the floor.

Farewell of the Group

Gather the children one last time and offer them a drop of hand lotion.. Reflect before thanking them for contributing to a good session and speak the verse with gestures:

The sun in my heart,
 He warms me with his power,
 And wakens life and love,
 In bird and beast and flower.



“DOGS AND CATS COLLAGE PROJECT”

Lesson 5: It's a Pet!

Schedule of activities	Objectives	Approximate timing
Ring Time - Welcome - Verse	Children ground themselves and settle into the group	5
Fruit Circle - Gratitude Practice - Saying grace	Nourishment and practising gratitude	10
Art activity: It is a pet! All artworks get assembled into one.	-Learning about composition of an animal face. -Experiencing the power of being a creator	40
Review of the art work and conversation about gratitude	Practising reflection and appreciation	15
Pack away – clean up	Practising to take responsibility and volunteer	3
Farewell of the group	Practising gratitude and farewell	5
Flexible time		12
Total time		90 min

Materials

1. One carrot per child
2. All artworks from previous sessions
3. One pair of scissors for each child
4. One 2cm bristle paint brushes per child
5. Water containers
6. 1L Podge/acrylic binder and containers to dish out per child
7. One A2 120g paper, cartridge or coloured mount per child
8. Cleaning aids

Instructions

The tables are set with art materials for each child. The chairs are placed in a circle before children come in.

Ringtime

Welcome: After the facilitator has the children line up outside the classroom door, they can enter and are greeted one by one. The participants form a circle and the facilitator thanks the children for coming and shares what the art project is about by showing them examples.

A verse is then said by the facilitator and learnt by heart by the children in the same time:

Verse:

The sun in my heart,
 He warms me with his power,
 And wakens life and love,
 In bird and beast and flower.

Fruit Circle and Saying Grace

Children then sit in a circle and wash their hands in a bowl of water or at sink. The facilitator hands out the carrot and invites the children to look at them, smell

them, experience them with all senses and appreciate them with kind words or gestures. (Gratitude practice)

The facilitator then says grace for the children:

Blessing on the blossom,
 Blessings on the roots,
 Blessings on the leaf and stem,
 Blessings on the fruit.

Children may eat.

Art activity: It is a pet!

In this session the children cut eyes and nose out. Then they place the eyes and nose in the center of their collage from the last session and let them play around with them. When does the becoming creature look like a pet and when a bit human and when like something else? After a while they apply podge or acrylic binder under and on top to paste eyes and nose firmly onto the page.

Review of the art work

All artwork gets stuck to the wall and children gather on chairs in front of it. How does it feel for the children to see their artworks finally taking shape? What are they grateful for?

Pack away – Clean up

All children and facilitators help together to pack away, clean the tables and sweep the floor.

Farewell of the Group

Gather the children one last time. Reflect before thanking them for contributing to a good session and speak the verse with gestures:

The sun in my heart,
 He warms me with his power,
 And wakens life and love,
 In bird and beast and flower.



“DOGS AND CATS COLLAGE PROJECT”

Lesson 6: No Pet Without Fur and Whiskers

Schedule of activities	Objectives	Approximate timing
Ring Time - Welcome - Verse	Children ground themselves and settle into the group	5
Fruit Circle - Gratitude Practice - Saying grace	Nourishment and practising gratitude	10
Art activity: No pet without fur and whiskers Details of the pet’s face get added	Practising patience in observing and adding detail.	40
Review of the art work and conversation about gratitude	Practising reflection and appreciation	15
Pack away – clean up	Practising to take responsibility and volunteer	3
Farewell of the group	Practising gratitude and farewell	5
Flexible time		12
Total time		90 min

Materials

1. One fruit per child
2. Artworks from previous session
3. One fan paint brush per child
4. Water containers
5. Black drawing ink
6. One container for ink per child
7. White oil pastels
8. Picture references
9. Cleaning aids
10. Hand lotion

Instructions

Make contact with your local SPCA to arrange your visit to them with your group of children, ask children to take home an indemnity form for their parents to sign giving permission that they are going on an outing with you. Organise transport.

The tables are set with art materials for each child. The chairs are placed in a circle before children come in.

Ringtime

Welcome: After the facilitator has the children line up outside the classroom door, they can enter and are greeted one by one. The participants form a circle and the facilitator thanks the children for coming and shares what the next step in the art project is about by showing them examples.

A verse is then said together:

The sun in my heart,
 He warms me with his power,
 And wakens life and love,
 In bird and beast and flower.

Fruit Circle and Saying Grace

Children then sit in a circle and wash their hands in a bowl of water or at sink.

The facilitator hands out the fruit and invites the children to look at them, smell them, experience them with all senses and appreciate them with kind words or gestures. (Gratitude practice)

The facilitator then says grace for the children:

Blessing on the blossom,
 Blessings on the roots,
 Blessings on the leaf and stem,
 Blessings on the fruit.

Children may eat.

Art activity: No pet without fur and whiskers

In this session the children now add detail with the black ink and fan brushes to make fur and whiskers on the faces of their domestic animals. The learners can also use white oil pastels to add texture/highlights details. To introduce the session the facilitator needs to give them the picture references from Session 2 again to observe the details of an animal face. Why do animals have fur and whiskers? Where do the dogs and cats have whiskers? Can you count the whiskers? How many? Always make an effort to steer conversations toward gratitude and the wonders of god’s creation.

Review of the art work

All artwork gets stuck to the wall and children gather on chairs in front of it. After the experience today ask the learners to describe how they feel in one word? What are they grateful for? Explain to the children that you are planning an outing for the last session of the project and for that they need to bring signed indemnity forms back to the next session. Anybody missing the form can’t come along.

Pack away – Clean up

All children and facilitators help together to pack away, clean the tables and sweep the floor.

Farewell of the Group

Gather the children one last time and offer them a drop of hand lotion. Reflect before thanking them for contributing to a good session and speak the verse with gestures:

The sun in my heart,
 He warms me with his power,
 And wakens life and love,
 In bird and beast and flower.



“DOGS AND CATS COLLAGE PROJECT”

Lesson 7: Presentation is Important

Schedule of activities	Objectives	Approximate timing
Ring Time - Welcome - Verse	Children ground themselves and settle into the group	5
Fruit Circle - Gratitude Practice - Saying grace	Nourishment and practising gratitude	10
Art activity: Presentation is important	Learning about exhibition setups and the importance of presentation	30
Review of the art work and conversation about gratitude	Practising reflection and appreciation	30
Pack away – clean up	Practising to take responsibility and volunteer	3
Conversation about the next sessions outing	Preparing the children and setting expectations for the outing	7
Farewell of the group	Practising gratitude and farewell	5
Flexible time		0
Total time		90 min

Materials

1. Healthy treats to share
2. Artworks to be displayed
3. Koki's/Felt tip markers
4. White card for making labels
5. Scissors per learner
6. Prestik to stick artworks to wall
7. If you got: frames/ second hand frames/ mounts
7. Cleaning aids

Instructions

The tables are set with each child's art work, a white card and kokis. The chairs are placed in a circle before children come in.

Ringtime

Welcome: After the facilitator has the children line up outside the classroom door, they can enter and are greeted one by one. The participants form a circle and the facilitator thanks the children for coming and shares what the plan is for today's session. The children will be setting up an exhibition. They will stick up the artworks with titles of artworks and artist's names.

The verse is said together:

The sun in my heart,
He warms me with his power,
And wakens life and love,
In bird and beast and flower.

Feast and Saying Grace

Children then sit in a circle and wash their hands in a bowl of water or at sink. The facilitator shares the treats and invites the children to look at them, smell them, experience them with all senses and

appreciate them with kind words or gestures. (Gratitude practice)

The facilitator then says grace for the children:

Blessing on the blossom,
Blessings on the roots,
Blessings on the leaf and stem,
Blessings on the fruit.

Children may eat.

Art activity: Presentation is important

Explain to the children what it is like going to an exhibition, a gallery or an art museum. Show them how art works at such places get labelled. Draw an example on the black board in front. Ask them to write in their nicest handwriting a label with title of the art work, size, medium, year, name of the artist, and price. Talk about framing, in theory (if you are lucky, you will have some frames to show them how artwork gets framed.) Tell them that people wear white gloves for handling the mounts and artwork while framing to keep everything clean and neat. Even the glass of the frame needs to be cleaned with special glass cleaner before putting it into the frame....You could show them a YouTube tutorial. There are many online, just search on YouTube for "framing pictures" or "frame artwork DIY".

Pack away – Clean up and

All children and facilitators help together to pack away, clean the tables and sweep the floor.

Review of the art work

Children set up their own exhibition, stick their art work up where ever they like and place their label next to it. Walk from one art work to the other and let children share their story if they like. No pressure, it's a day of celebration.

Conversation about the next sessions outing

You collect the indemnity form and explain the procedure to the children. Examples: Transport is going to fetch you at a specific time and can't wait for late comers. You are going to drive to the SPCA and will be allowed to visit the cats and dogs people weren't grateful for that are now free for adoption. Explain that the SPCA team is going to guide them and talk about the situation and needs of these animals and how the SPCA is supporting them. The children are welcome to donate their art work to the SPCA to sell and make money from to buy food to feed the animals until they have been adopted.

Pack away – Clean up

All children and facilitators help together to pack away, clean the tables and sweep the floor.

Farewell of the Group

Gather the children one last time and offer them a drop of hand lotion. Reflect before thanking them for contributing to a good session and speak the verse with gestures:

The sun in my heart,
He warms me with his power,
And wakens life and love,
In bird and beast and flower.

“DOGS AND CATS COLLAGE PROJECT”

Lesson 8: Outing to the SPCA

Schedule of activities	Objectives	Approximate timing
Welcome	Children ground themselves and settle into the group	5
Fruit circle	Nourishment and practising gratitude	5
Transport to SPCA	Getting to venue	10-20
Guided tour by SPCA staff	Gaining information about the role of SPCA and the different behaviour of humans toward animals: fair and unfair, grateful and hateful	40-50
Saying Thank you and handing over gifts	Showing gratitude	5
Good bye		1
Transport return	Getting home	10-20
Farewell of the group	Practising gratitude and farewell	4
Flexible time		0
Total time		90+ min

Materials

1. Fruit for all children
2. Water in bottles to take along
3. First aid kit
4. Cell phone, airtime and contact numbers for emergencies
5. Artwork donations for SPCA

Welcome

Count and greet all children at the meeting point by standing in a circle, checking children present against an attendance register and indemnity forms.

Then say your verse together:

The sun in my heart,
 He warms me with his power,
 And wakens life and love,
 In bird and beast and flower.

Fruit circle

Bless their fruit whilst handing out to them and allow them to eat before entering the transport vehicle.

Transport to SPCA

Sing songs and keep them busy.

Guided tour by SPCA staff

Children greet the SPCA staff and go on tour. You accompany the group and observe children's reaction and to be present in case a child gets overwhelmed. Keep the first aid kit with you and some drinking water.

Saying thank you and handing over gifts

Explain the past art project to the SPCA staff and offer them, as a thank you, the donated art work. The children hand over the artwork to SPCA themselves and give permission to sell for fundraising to buy food or keep them for decoration.

Good bye

You may want to sing song for them or simple say good bye.

Transport return

Sing songs and keep them busy.

Farewell of the group

Gather the children one last time, thank them for contributing to a fabulous art project and speak the verse with gestures:

The sun in my heart,
 He warms me with his power,
 And wakens life and love,
 In bird and beast and flower

Good bye!



IV. ANNEXURES

A) At the Butterfly Art Project we ask parents/guardians to fill in the following indemnity form. Please feel free to copy and paste and make your own:

CHILD PARTICIPATION CONSENT AND INDEMNITY FORM

Please fill in this document completely and make sure it gets back to the Butterfly Art Project!

Name and surname child:

Date of birth of child:

Grade the child is currently in:.....

Address:.....

Does your child have any specific/chronic medical conditions? If so please describe them:

Name of parent/guardian:

Telephone number parent/guardian:

Additional emergency contact (different to primary contact):

Name:

Telephone number:

Relationship to child:

Please read the following information carefully or have somebody read it to you and sign at the bottom.

I, hereby grant permission for my child, mentioned above, to attend Heart for Art classes organised by the BUTTERFLY ART PROJECT (referred to as BAP in this document).

I agree that my child will accept and follow BAP's rules.

I confirm that my child's participation in the activities is entirely voluntary.

I confirm that some of the artworks created by my child may be claimed and owned by BAP. These artworks may be displayed, reused and reworked in print or any other form to raise funds or increase the awareness and promotion of BAP's work.

Any income generated from the sale of artworks created by my child will be divided between BAP and the 'artist' with terms agreed to in BAP's Standard Sales Agreement.

I give permission for BAP to transport my child for field trips and other outings/excursions organized by BAP. This can be by private motor vehicle or public transport.

I agree to indemnify BAP, its employees or partners for any loss, damage, injury, illness suffered by my child as a result, directly or indirectly, of attending Heart for Art or participating in its activities.

I give permission to BAP to use any photographs or images of my child that are taken by BAP employees or photographer during their attendance at Heart for Art. These may be used for promoting BAP's work if they do not go against the ordinary rights of the child. I give up any right to claim compensation for the use of any photographs.

I confirm that I have read and agree with the above stated terms and conditions.

Signed at (place):

On (date):

Full name of guardian/parent:

Signature:

B) And this is the kind of letter we are asking the children to give to parents before an outing.

Dear Parent/Guardian,

This letter is to inform you that the Butterfly Art Project will be embarking on an excursion to the *SPCA in Grassy Park* on **Wednesday, 5th of June**, from **13:30pm to 15:30pm**.

Your child is part of our Heart for Art-Program and is hereby invited to join this excursion.

Please ensure that your child is at the Butterfly Art Project Building not later than 13:20pm so that we can leave together at 13:30pm.

The Transport will be provided by the Butterfly Art Project. Feel free to pack in snacks and refreshments for your child.

Don't hesitate to contact us if you have any queries.

Facilitators name: cell number

Please provide your signature below to allow your child to participate on this outing and make sure that this letter gets back to the Butterfly Art Project.

Parent/Guardian Signature: