

Verses and songs for children

Songs for circle time

Circle up, circle up, circle up x 3

Maak n kring jou lekker ding maak n kring x
3 maak n kring jou lekker ding maak n kring.

1,2 make a circle; 1,2 make a circle
(.....) 3,4 like a big poetjie pot.

We are circling

Circling together
We are singing
Singing our heart song
This is family
This is unity
This is celebration
This is sacred

I like the flowers

I like the daffodils
I like the mountains
I like the rolling hills
I like the fireside
When the light is low
Doom de-da-de
Doom de-da-de
Doom de-da-de
Doom de-da-de

*Repeat in whole group 2x,
than split the group into to voices
and repeat again 2x

Anytime you need a calypso,

Here is what you must do:
First of all, you need a rhythm,
So, shake a little, shake a little, shake a
little.
And you bang a drum
And you sing the song
And then there's a calypso for you.

I zika zumba zumba zumba

I zika zumba zumba zey
I zika zumba zumba zumba
I zika zumba zumba zey
hold them down you children warriors

hold them down you children chiefs,
chiefs, chiefs.

The river is flowing, flowing and growing

The river is flowing back to the sea
Mother earth carry me, your child I'll
always be;
Mother earth carry me, back to the sea.
The moon, she is glowing, waning and
waxing;
The moon, she is glowing down upon be.
Sister moon watch over me, your child I'll
always be;
Sister moon watch over me, until we are
free.
The sun he is shining, brightly shining,
The sun he is shining, lighting the way.
Father sun, shine over me, your child I'll
always be; Father sunshine over me,
until we are free.

The very fuzzy caterpillar (to the tune

of itsy bitsy spider)
curled up on a leaf.
Spun her little chrysalis
and then fell fast asleep.
While she was sleeping
she dreamed that she could fly
and later when she woke up, she was a
butterfly.

He got the whole world in his hands,

He got the whole world in his hands.
He got the children & the teachers in his
hands, x3
He got the whole world in his hands.
He got the butterflies & the caterpillars in
his hands, x3
He got the whole world in his hands.
He got the boys and the girls in his
hands, x3
He got the whole world in his hands.
He got the sun and the stars in his
hands, x3
He got the whole world in his hands.
He got the cars & the trucks in his hands,
x3
He got the whole world in his hands.

Verses and songs for children

All the bananas UNITE:

Peel banana, peel, peel banana;
Slice banana, slice, slice banana;
Eat banana, eat, eat banana;
Done banana, done, done banana;
Out banana, out, out banana.

Epo e tai tai eh,

epo e tai tai eh
epo e tai tai epo e tuki tuki
epo e tuki tuki eh.

Zimbole, zimbole, zimbole,
zimboleio, zimboleio, zimbole, zimbole
3x stamping with feet
3x clapping lap
3x clapping chest
arms up and: Hey.

Songs to bless the food

For the golden corn and the apples
on the trees,
For the golden butter and the honey
from the bees,
For fruits and nuts and berries that
grow beside the way,
We praise and thank you Mother
Earth each and every day.

Blessings on the blossoms,

Blessings on the fruit,
Blessings on the leaves and stems,
And Blessings on the roots.

Verses for welcome and farewell circle

Good Morning dear earth

good morning dear sun
good morning dear stones and
flowers everyone
good morning dear animals
and birds in the tree
good morning to you
good morning to me

The blue sky above me

the firm earth below me

and here I stand.

I am safe,

I will be safe,
Protected by my angel.

Guarded from harm

Cared for by angels
here stand we
Loving and strong
Truthful and good.

In all I say and do

May strength and kindness shine right
through.

Verses and methods to calm down children

Make a Blow fish face

All eyes on me (teacher) – (kids
respond) all eyes on you.

I wiggle my fingers,

I wiggle my toes, I wiggle my
shoulders and wiggle my nose,
No more wiggles are left in me,
So I will be still as still can be.

**I can turn myself and turn
myself,** and curl up when I will,
I reach on tiptoe very high,
and then I stand quite still.

Two little hands go clap, clap, clap.

Two little feet go tap, tap, tap.
Two little hands go thump, thump,
thump.
Two little feet go jump, jump, jump.
Two little hands go round and round.
Two little feet stand still on the
ground.

Body percussion

<https://youtu.be/sW2DY1OpgrI>
<https://youtu.be/IVsDoCN8ELo>
<https://youtu.be/zsXOehynKJ8>