



**Zoba nangowuphi umbala kwaye nakwintoni na oyithandayo, ngaphakathi kwakunye nasekujikeleni kwentliziyo.** Intliziyo yakho yaphakathi ngeyanaphakade ayitshabalali kwaye iphelele. Intliziyo ephakathi kulapho imvakalelo ikho khona, ukuqumba, ulonwabo, ukonzakala, ukuzithemba, ukudlamka nezinye nezinye. Intliziyo engaphandle ibamba imizwa eyenza unxulumane nelizwe elikungqungileyo, kwaye iyakukhusela.