

## Story for trauma questionnaire: grade 4-7

Before the third session of the BAP Method

Name of the child:

Sex:

Age/grade:

Group/individual:

Name of the therapist:

Date/term:

Assignment: The child draws the inside of his own house, during the art work the therapist asks the child the following questions based on the drawing:

When I am at home

1. Who lives in your house? (Family structure, who is important, history)
2. What happens when you come home? (Warm welcome, who is there, tasks at home, hobbies)

When I am sleeping

3. When do you go to bed? (late/early, do you feel tired)
4. Do you have problems to fall asleep? (why is that, worries, what do you do then)
5. Do you have nightmares? (what happens then, frightened, pee in bed)

Build a bridge to think about other important places for the child... (playground, school, other family members, friends)

Important places for me

6. Where are you if you are not at home? (why important, what do you do there)

With who I play together

7. Are you playing with others? (who are your friends, what do you play, do you feel lonely)
8. Do bad things happens when you play with others? (acting without thinking, fight, lose control)
9. Who is important for you and who do you trust? (care about, who do you trust and why)

When I am at school

10. How is school for you? (how is your class, the teacher, during the break)
11. Do you forget things? (when does this happen)
12. In class, what happens if you don't understand something? (ask or not, confused)

How I am feeling in my body

13. How do you feel in your body when you are not feeling well? (tired, problems to breath, little energy, fast heart beating, are you staying home)